



Jack “Jumping Jack” Lewis

Jack “Jumping Jack” Lewis is a rolling thunder and a flash of lightning when it comes to fighting in the boxing ring! Weighing in with 20+ years of yoga, a strong south paw stance and a clever sense of humor, this theologian is determined and committed to fight back wearing the robe of HOPE.

Known to his wife, Marian, as a deep and sensitive “nice guy,” Jumping Jack often enjoys swimming, Tai chi, reading, and listening to Bob Dylan’s Like a Rolling Stone. While he is often amazed by the works of creative people, musicians, athletes, writers and his students,

Jumping Jack has always admired his father the most for his resilience, hard work, strong love and family values. So much so, that when asked what inspires him the most, he stated “My father---life gave him every reason to fail and he succeeded beyond expectations, and he did it the right way, through hard work.” This admiration is the foundation of which Jumping Jacks’ personal philosophies on life are deeply rooted; Do unto others as you would have them do unto you and Life is way too serious to take seriously!



With the support and love of his wonderful wife and friends, Jumping Jack has been a rock steady fighter of RSB Montgomery County (RSB MoCo) since their doors opened. Recently, he was challenged by his coaches to jump rope for one minute while they counted the number of rope rotations with a jump he successfully completed. Eighty-five turns in one minute was Jumping Jacks' new record, a 62 turn increase from the time of his initial assessment in December of 2015! When asked his thoughts on analysis of the new record, the theologian fighter quoted, "In the final analysis, what has been created at RSBMoCo is a community of hope. For example, when I raised my baseline score for jumping rope (23/min to 85/min), I felt that things were getting better... that at least for that day, I was winning the battle against Parkinson's Disease (PD). This moment has been repeated over and over again in so many of my fellow boxers. Together, in ways large and small, we rise above our condition and feel like we have a chance, we feel hopeful. And in the face of a progressive disease like PD, hope may be the most comforting of all virtues." He affirms "RSB is my new home....it means the world to me. Can't thank you guys enough. It brings real joy to my life."