



◀ Nov 2019							December 2019							Jan 2020 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
1		2		3		4	RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm	5		6		7	RSB MoCo 1 - 4 Class 10:30 am – 11:30 am							
8		9		10		11	RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm	12		13		14	RSB MoCo 1 - 4 Class 10:30 am – 11:30 am							
15		16		17		18	RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm	19		20		21	RSB MoCo 1 - 4 Class 10:30 am – 11:30 am							
22		23	Holiday Workout RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 6:00 – 7:00 pm	24		25	No Class	26		27		28	No Class							
29		30		31																