



◀ Nov 2019							December 2019							Jan 2020 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
1		2		3		4 RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm		5		6		7 RSB MoCo 1 - 4 Class 10:30 am – 12:00 pm								
8		9		10		11 RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm		12		13		14 RSB MoCo 1 - 4 Class 10:30 am – 12:00 pm								
15		16		17		18 RSB MoCo 3 & 4 Class 2:00 – 3:00 pm RSB MoCo 1 & 2 Class 4:30 – 5:30 pm		19		20		21 RSB MoCo 1 - 4 Class 10:30 am – 12:00 pm								
22		23 Holiday Workout RSB MoCo 1 - 4 Class 2:30 – 3:30 pm RSB MoCo 1 - 4 Class 4:30 – 5:30 pm		24		25 No Class		26		27		28 RSB MoCo 1 - 4 Class 10:30 am – 12:00 pm								
29		30 Holiday Workout RSB MoCo 1 - 4 Class 2:30 – 3:30 pm RSB MoCo 1 - 4 Class 4:30 – 5:30 pm		31																