



◀ Mar 2021							April 2021							May 2021 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
								1		2		3 PD 1 - 4 Class 10:30 am – 11:30 am (H)								
4		5 PD 1 - 4 Open Gym 3:30 pm – 4:30 pm (F)		6		7 PD 1 - 4 Class 2:30 pm – 3:30 pm (H)		8 Seated Full Fitness 12:15 pm – 1:00 pm (O)		9 Chair Yoga 11:30 am – 12:00 pm (O)		10 PD 1 - 4 Class 10:30 am – 11:30 am (H)								
11		12 PD 1 - 4 Open Gym 3:30 pm – 4:30 pm (F)		13		14 PD 1 - 4 Class 2:30 pm – 3:30 pm (H)		15 Seated Full Fitness 12:15 pm – 1:00 pm (O)		16 Chair Yoga 11:30 am – 12:00 pm (O)		17 PD 1 - 4 Class 10:30 am – 11:30 am (H)								
18		19 PD 1 - 4 Open Gym 3:30 pm – 4:30 pm (F)		20		21 PD 1 - 4 Class 2:30 pm – 3:30 pm (H)		22 Seated Full Fitness 12:15 pm – 1:00 pm (O)		23 Chair Yoga 11:30 am – 12:00 pm (O)		24 NO CLASS								
25		26 PD 1 - 4 Open Gym 3:30 pm – 4:30 pm (F)		27		28 PD 1 - 4 Class 2:30 pm – 3:30 pm (H)		29 Seated Full Fitness 12:15 pm – 1:00 pm (O)		30 Chair Yoga 11:30 am – 12:00 pm (O)										

(F) – Boxing Gym (In-Person Only)      (H) – Boxing Gym (In-Person) and Virtual      (O) – Virtual Only