



◀ Apr 2021							May 2021							Jun 2021 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
												<b>1</b> PD 1 - 4 Class 10:30 am – 11:30 am <b>(H)</b>								
<b>2</b>		<b>3</b> PD 1 - 4 Open Gym 3:30 pm – 4:30 pm <b>(F)</b>		<b>4</b>		<b>5</b> PD 1 - 4 Class 2:30 pm – 3:30 pm <b>(H)</b>		<b>6</b> Seated Full Fitness 12:15 pm – 1:00 pm <b>(O)</b>		<b>7</b> Chair Yoga 11:30 am – 12:00 pm <b>(O)</b>		<b>8</b> PD 1 - 4 Class 10:30 am – 11:30 am <b>(H)</b>								
<b>9</b>		<b>10</b> PD 1 - 4 Open Gym 3:30 pm – 4:30 pm <b>(F)</b>		<b>11</b>		<b>12</b> PD 1 - 4 Class 2:30 pm – 3:30 pm <b>(H)</b>		<b>13</b> Seated Full Fitness 12:15 pm – 1:00 pm <b>(O)</b>		<b>14</b> Chair Yoga 11:30 am – 12:00 pm <b>(O)</b>		<b>15</b> PD 1 - 4 Class 10:30 am – 11:30 am <b>(H)</b>								
<b>16</b>		<b>17</b> PD 1 - 4 Open Gym 3:30 pm – 4:30 pm <b>(F)</b>		<b>18</b>		<b>19</b> PD 1 - 4 Class 2:30 pm – 3:30 pm <b>(H)</b>		<b>20</b> <b>NO CLASS</b>		<b>21</b> Chair Yoga 11:30 am – 12:00 pm <b>(O)</b>		<b>22</b> PD 1 - 4 Class 10:30 am – 11:30 am <b>(H)</b>								
<b>23</b>		<b>24</b> PD 1 - 4 Open Gym 3:30 pm – 4:30 pm <b>(F)</b>		<b>25</b>		<b>26</b> PD 1 - 4 Class 2:30 pm – 3:30 pm <b>(H)</b>		<b>27</b> Seated Full Fitness 12:15 pm – 1:00 pm <b>(O)</b>		<b>28</b> Chair Yoga 11:30 am – 12:00 pm <b>(O)</b>		<b>29</b> <b>NO CLASS</b>								
<b>30</b>		<b>31</b> <b>NO CLASS</b>																		

**(F)** – Boxing Gym (In-Person Only)    **(H)** – Boxing Gym (In-Person) and Virtual    **(O)** – Virtual Only