



◀ Feb 2023		March 2023					▶ Apr 2023
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			<b>1</b> PD 3 – 4 Class 2:00 pm – 3:00 pm PD 1 – 2 Class 3:30 pm – 4:30 pm (F)	<b>2</b>	<b>3</b>	<b>4</b> PD 1 - 4 Class 10:30 am – 11:30 am (F)	
<b>5</b>	<b>6</b> Purim	<b>7</b> Lailatul Barat Starts Seated Full Fitness 10:00 am – 10:45 am (O)	<b>8</b> International Women's Day PD 3 – 4 Class 2:00 pm – 3:00 pm PD 1 – 2 Class 3:30 pm – 4:30 pm (F)	<b>9</b>	<b>10</b>	<b>11</b> PD 1 - 4 Class 10:30 am – 11:30 am (F)	
<b>12</b> Daylight Savings Begin Spring Forward	<b>13</b>	<b>14</b> Seated Full Fitness 10:00 am – 10:45 am (O)	<b>15</b> PD 3 – 4 Class 2:00 pm – 3:00 pm PD 1 – 2 Class 3:30 pm – 4:30 pm (F)	<b>16</b>	<b>17</b> St. Patrick's Day	<b>18</b> PD 1 - 4 Class 10:30 am – 11:30 am (F)	
<b>19</b> St. Joseph	<b>20</b> Start of Spring	<b>21</b> Seated Full Fitness 10:00 am – 10:45 am (O)	<b>22</b> Ramadan Begins PD 3 – 4 Class 2:00 pm – 3:00 pm PD 1 – 2 Class 3:30 pm – 4:30 pm (F)	<b>23</b>	<b>24</b>	<b>25</b> PD 1 - 4 Class 10:30 am – 11:30 am (F)	
<b>26</b>	<b>27</b>	<b>28</b> <i><b>NO CLASS</b></i> <i>(Instructor Day Off)</i>	<b>29</b> PD 3 – 4 Class 2:00 pm – 3:00 pm PD 1 – 2 Class 3:30 pm – 4:30 pm (F)	<b>30</b>	<b>31</b>		

(F) – Boxing Gym (In-Person Only) (O) – Virtual Only